

9/6/12

07/01/12		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK ONE (1)	BREAKFAST	SCRAMBLED EGGS & GRITS POTATOES BISCUITS W/JELLY --- ALT: NONE	PANCAKES OATMEAL SYRUP --- ALT: NONE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE	BREAKFAST MEAT GRAVY / GRITS POTATOES BISCUITS W/JELLY --- ALT: CHEESE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE
	LUNCH	TORTA MEAT SHRED. CHEESE, SALAD RICE, BEANS, BREAD --- ALT: DRIED BEANS (No Cheese)	ZESTY PATTY W/BREAD POTATO SALAD, COLESLAW CARROTS --- ALT: DRIED BEANS	SPANISH RICE W/MEAT GREEN BEANS SALAD / BREAD COOKIE --- ALT: DRIED BEANS / RICE	SLOPPY JOE W/BREAD OVEN POTATOES BEANS & SQUASH COOKIE --- ALT: DRIED BEANS	YAKISOBA W/PASTA PASTA, BEANS COLESLAW COOKIE --- ALT: DRIED BEANS & PASTA	MEAT MACARONI CASSEROLE GREENS / SALAD BREAD PUDDING --- ALT: MAC & BEANS	SOUTHERN BBQ / BREAD PASTA SALAD, CARROTS CUCUMBER-ONION SALAD --- ALT: DRIED BEANS
	SUPPER	TURKEY HAM CHEESY GRITS, SALAD SNAP PEA BLEND, CORNBREAD --- ALT: DRIED BEANS	BAKED CHICKEN LEG QTR. RICE, STEWED TOMATOES CORNBREAD BREAD PUDDING --- ALT: Peanut Butter/Bread (No Cornbread)	POULTRY HOT DOGS POTATOES / BAKED BEANS COLESLAW / BREAD BROWNIE --- ALT: DRIED BEANS	COUNTRY PATTY W/BREAD RICE & GRAVY/CARROT COINS SNAP PEA BLEND CAKE --- ALT: DRIED BEANS	CHILI DOGS RICE / BREAD SALAD, MIXED VEGETABLES PUDDING --- ALT: DRIED BEANS	MEAT LOAF W/BREAD MASH POTATOES & GRAVY CORN & CABBAGE CANNED FRUIT --- ALT: DRIED BEANS	SMOKED TURKEY SAUSAGE OVEN POTATOES, BREAD SNAP PEA BLEND, COLESLAW --- ALT: PEANUT BUTTER
WEEK TWO (2)	BREAKFAST	SCRAMBLED EGGS & GRITS POTATOES BISCUITS W/JELLY --- ALT: NONE	PANCAKES OATMEAL SYRUP --- ALT: NONE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE	BREAKFAST MEAT GRAVY / GRITS POTATOES BISCUITS W/JELLY --- ALT: CHEESE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE
	LUNCH	MEAT NOODLE STROG. BEANS, SALAD CORNBREAD --- ALT: DRIED BEANS & NOODLES	SOUTHERN BBQ W/BREAD POTATOES, COLESLAW SQUASH W/ONIONS COOKIE --- ALT: DRIED BEANS	CHILI MAC BEANS, CORNBREAD CUCUMBER-ONION SALAD CAKE --- ALT: MAC & BEANS	ZESTY PATTY W/BREAD OVEN POTATOES CARROT SLAW COOKIE --- ALT: DRIED BEANS	YAKISOBA W/PASTA BREAD, MIXED VEGETABLES COLESLAW --- ALT: DRIED BEANS & PASTA	SPANISH RICE & MEAT CORN BREAD & BEANS CARROT COINS PUDDING --- ALT: DRIED BEANS & RICE	SLOPPY JOE W/BREAD OVEN POTATOES / CARROTS CORN & SQUASH --- ALT: DRIED BEANS
	SUPPER	SALISBURY PATTY W/GRAVY MASH POTATOES, CORNBREAD BROCCOLI, COLESLAW --- ALT: DRIED BEANS	BAKED CHICKEN LEG QTR. ROTINI PASTA, CORNBREAD BEANS, CARROTS PUDDING --- ALT: Peanut Butter/Bread (No Cornbread)	COUNTRY STYLE MEAT GRAVY RICE / BREAD CABBAGE / SALAD BROWNIE --- ALT: DRIED BEANS	TORTA MEAT SHRED. CHEESE, SALAD RICE, BEANS, BREAD BREAD PUDDING --- ALT: DRIED BEANS (No Cheese)	SOUTHWESTERN PATTY RICE & GRAVY BREAD / GREENS / SALAD CAKE --- ALT: DRIED BEANS	POULTRY HOT DOGS W/BREAD CHEESY ROTINI PASTA BEANS & COLESLAW COOKIE --- ALT: PEANUT BUTTER	ITALIAN MEAT SAUCE ROTINI PASTA, BREAD SALAD, CORN --- ALT: DRIED BEANS
WEEK THREE (3)	BREAKFAST	SCRAMBLED EGGS & GRITS POTATOES BISCUITS W/JELLY --- ALT: NONE	PANCAKES OATMEAL SYRUP --- ALT: NONE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE	BREAKFAST MEAT GRAVY / GRITS POTATOES BISCUITS W/JELLY --- ALT: CHEESE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE
	LUNCH	TORTA MEAT SHRED. CHEESE, SALAD RICE, BEANS, BREAD --- ALT: DRIED BEANS (No Cheese)	PEANUT BUTTER/JELLY MIX BREAD SALAD / BEANS PUDDING --- ALT: NONE	WESTERN CHILI W/BEANS RICE, CORNBREAD SQUASH W/ONIONS, SALAD --- ALT: DRIED BEANS	MEAT MACARONI CASSEROLE GREENS / BEANS CORNBREAD COOKIE --- ALT: MAC & BEANS	MEAT FRIED RICE SNAP PEA BLEND BEANS, CORNBREAD CAKE --- ALT: DRIED BEANS & RICE	TURKEY HAM W/BREAD CHEESY GRITS, SALAD BROCCOLI PUDDING --- ALT: DRIED BEANS	ZESTY PATTY W/BREAD COLESLAW / CARROTS AUGRATIN POTATOES --- ALT: DRIED BEANS
	SUPPER	POULTRY HOT DOGS W/BREAD CHEESY ROTINI PASTA BAKED BEANS / SALAD --- ALT: DRIED BEANS	BAKED CHICKEN LEG QTR. RICE, STEWED TOMATOES COLESLAW, CORNBREAD COOKIE --- ALT: Peanut Butter/Bread (No Cornbread)	SOUTHWESTERN PATTY BREAD, POTATO SALAD COLESLAW CANNED FRUIT --- ALT: DRIED BEANS	CHILI DOGS BREAD ROTINI PASTA, CARROTS COOKIE --- ALT: DRIED BEANS	SALISBURY PATTY & GRAVY BROWNEED POTATOES BEANS / BREAD BREAD PUDDING --- ALT: DRIED BEANS	SMOKED TURKEY SAUSAGE OVEN POTATOES/BREAD MIXED VEGGIES / COLESLAW COOKIE --- ALT: PEANUT BUTTER	COUNTRY PATTY W/GRAVY STRIPPED POTATOES, BREAD CORN / SALAD --- ALT: DRIED BEANS
WEEK FOUR (4)	BREAKFAST	SCRAMBLED EGGS & GRITS POTATOES BISCUITS W/JELLY --- ALT: NONE	PANCAKES OATMEAL SYRUP --- ALT: NONE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE	BREAKFAST MEAT GRAVY / GRITS POTATOES BISCUITS W/JELLY --- ALT: CHEESE	BREAKFAST SAUSAGE PATTY GRITS HASH BROWN POTATOES TOAST W/JELLY --- ALT: CHEESE	COFFEE CAKE OATMEAL --- ALT: NONE
	LUNCH	CHILI MAC BEANS, SALAD CORNBREAD --- ALT: MAC & BEANS	BBQ MEAT W/BREAD PARSLEY POTATOES CHILI BEANS / CARROT COINS --- ALT: DRIED BEANS	YAKISOBA W/PASTA SNAP PEAS BLEND COLESLAW, CORNBREAD COOKIE --- ALT: DRIED BEANS & PASTA	COUNTRY PATTY W/BREAD OVEN POTATOES, BEANS CUCUMBER-ONION SALAD CAKE --- ALT: DRIED BEANS	SLOPPY JOE W/BREAD PASTA SALAD CARROTS & GREEN BEANS COOKIE --- ALT: DRIED BEANS	SPANISH RICE & MEAT SALAD, MIXED VEGETABLES CORNBREAD PUDDING --- ALT: DRIED BEANS & RICE	MEAT NOODLE STROG. GREEN BEANS COLESLAW, CORNBREAD --- ALT: DRIED BEANS & NOODLES
	SUPPER	MEAT LOAF W/BREAD MASH POTATOES & GRAVY COLESLAW, SNAP PEA BLEND --- ALT: DRIED BEANS	MEAT NOODLE STROG. GREENS, SQUASH W/ONIONS CORNBREAD BREAD PUDDING --- ALT: DRIED BEANS & NOODLES	TORTA MEAT SHRED. CHEESE, SALAD RICE, BEANS, BREAD BROWNIE --- ALT: DRIED BEANS (No Cheese)	ITALIAN MEAT SAUCE ROTINI PASTA, BREAD SALAD, SNAP PEA BLEND PUDDING --- ALT: DRIED BEANS	BAKED CHICKEN LEG QTR. RICE & GRAVY, CORN COLESLAW, CORNBREAD COOKIE --- ALT: Peanut Butter/Bread (No Cornbread)	SALISBURY PATTY W/BREAD MASHED POTATOES & GRAVY DRIED BEANS & CABBAGE CANNED FRUIT --- ALT: DRIED BEANS	POULTRY HOT DOGS W/BREAD PARSLEY POTATOES BAKED BEANS / SALAD --- ALT: PEANUT BUTTER

Rev. A

THIS IS AN ABBREVIATED MENU. DRINKS, JUICES, KETCHUP, MUSTARD AND BUTTER ARE NOT LISTED BECAUSE THERE IS NOT ENOUGH ROOM. (SUBJECT TO CHANGE.)